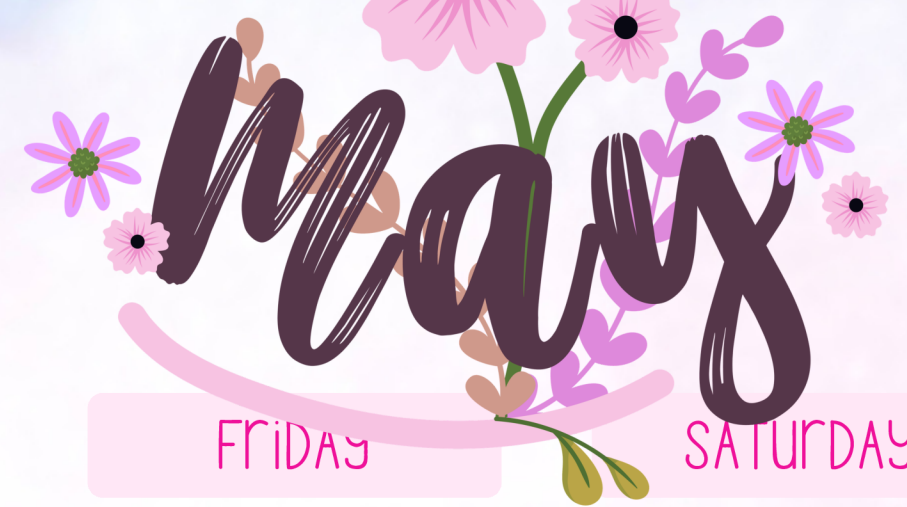




REBEKAH HEALTH LINKS
LINKING YOUR HEALTH TO A BETTER LIFE



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

TAI CHI (RR) 10:15AM 1
ADVANCE BINGO (RR) 2:15 PM

MUSIC APPRECIATION 10AM 2
MOVIE APPRECIATION 2PM

BINGO (U4, U5, U6) 10AM 3
ST. RAYMOND'S CHURCH COMMUNION (ALL UNIT) 2PM
BAPTIST (RR) 2PM

MORNING EXERCISE (U5) 10:15AM 4
BEAUTY HOUR (U4) 10:15 AM
COFFEE CLUB (2PM)
BINGO (U4, U5, U6) 5:30PM

MUSIC APPRECIATION 10AM 5
CINCO DE MAYO (RR) 2PM
SOCIAL CLUB (RR) 5:30PM

BIBLE STUDY (RR) 10:15 AM 6
TRIVIA (U4) 10:15AM
BEAUTY HOUR (U6) 2: 15 PM
ARTS AND CRAFTS (RR) 2:15PM
BINGO (U4, U5, U6) 5:30PM

MOTHER'S DAY SPA (RR) 10AM-4PM 7
BINGO (RR) 5:30PM

MUSIC APPRECIATION (ALL UNIT) 10AM 8
ADVANCE BINGO (U2) 2:15PM

MUSIC APPRECIATION 10AM 9
MOVIE APPRECIATION 2PM

BINGO (U4, U5, U6) 10AM 10
ST. RAYMOND'S CHURCH COMMUNION (ALL UNIT) 2PM
BAPTIST (RR) 2PM

MORNING EXERCISE (U5) 10:15AM 11
BEAUTY HOUR (U4) 10:15 AM
MOTHER'S DAY CELEBRATION (2PM)
BINGO (U4, U5, U6) 5:30PM

BEAUTY HOUR (U5) 10:15 AM 12
SOCIAL CLUB (RR) 5:30 PM

BIBLE STUDY (RR) 10:15 AM 13
TRIVIA (U4) 10:15AM
BEAUTY HOUR (U6) 2: 15 PM
TULIP DAY (RR) 2:15PM
BINGO (U4, U5, U6) 5:30PM

RELIGIOUS SERVICE W/ PASTOR OSVALDO (RR) 10:15AM 14
POKENO (RR) 2:15PM
HORSERACING (RR) 5:30PM

TAI CHI (RR) 10:15AM 15
ADVANCE BINGO (RR) 2:15 PM

MUSIC APPRECIATION 10AM 16
MOVIE APPRECIATION 2PM

BINGO (U4, U5, U6) 10AM 17
ST. RAYMOND'S CHURCH COMMUNION (ALL UNIT) 2PM
BAPTIST (RR) 2PM

MORNING EXERCISE (ALL UNIT) 10:15AM 18
BINGO (U4, U5, U6) 5:30PM

DEAL OR NO DEAL (U5) 10:15AM 19
DEAL OR NO DEAL (U4) 2:15PM
BINGO (U4, U5,U6) 5:30 PM

MOVIE HOUR (ALL UNIT) BINGO (U4, U5, U6) 5:30 PM 20

MUSIC APPRECIATION (ALL UNIT) 10:15AM 21
DEAL OR NO DEAL (U6) 2:15PM
BINGO (U4,U5,U6) 5:30 PM

MUSIC APPRECIATION (ALL UNIT) 10AM 22
MOVIE HOUR 2:15PM

MUSIC APPRECIATION 10AM 23
MOVIE APPRECIATION 2PM

BINGO (U4, U5, U6) 10AM 24
ST. RAYMOND'S CHURCH COMMUNION (ALL UNIT) 2PM
BAPTIST (RR) 2PM

MORNING EXERCISE (U5) 10:15AM 25
BEAUTY HOUR (U4) 10:15 AM
RESIDENT COUNCIL MEETING (2PM)
BINGO (U4, U5, U6) 5:30PM

BEAUTY HOUR (U5) 10:15 AM 26
CATHOLIC MASS (RR) 2:15PM
SOCIAL CLUB (RR) 5:30PM

BIBLE STUDY (RR) 10:15 AM 27
TRIVIA (U4) 10:15AM
BEAUTY HOUR (U6) 2: 15 PM
ARTS AND CRAFTS (RR) 2:15PM
BINGO (U4, U5, U6) 5:30PM

DEAL OR NO DEAL (RR) 10:15AM 28
WORLD PASSION FRUIT MARTINI DAY (RR) 2:15PM
HORSERACING (RR) 5:30PM

ADVANCE BINGO (RR) 10:15AM 29
RHYTHM & MOVEMENT (U6) 10:15 AM
MONTHLY BIRTHDAY (RR) 2PM

MUSIC APPRECIATION 10AM 30
MOVIE APPRECIATION 2PM

BINGO (U4, U5, U6) 10AM 31
ST. RAYMOND'S CHURCH COMMUNION (ALL UNIT) 2PM
BAPTIST (RR) 2PM

Rebekah Rehab and Extended Care Center
1070 Havemeyer Avenue Bronx, NY 10462

ALL PROGRAMS ARE SUBJECT TO CHANGE