REBEKAH HEALTH LINKS

LINKING YOUR HEALTH TO A BETTER LIFE

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
VENDOR 08/05 YASSIN 08/13 JOE 08/27 JOE						1 MUSIC APPRECIATION (ALL UNIT) 10AM BINGO (U4, U5, U6) 2PM
2 TABLETOP GAMES 10AM ST. RAYMOND'S CHURCH COMMUNION (ALL UNIT) 2PM	3 MORNING EXERCISE (ALL UNIT) 10:15AM COFFEE SOCIAL 2 PM BINGO (U4, U5, U6) 5:30PM	4 MAKE YOUR OWN SUNFLOWER (RR) 2:15 PM SOCIAL CLUB (RR) 5:30 PM	5 MORNING EXERCISE (RR) 10:15 AM BEAUTY HOUR (U6) 10:15 AM PRICE IS RIGHT BINGO (U4, U5, U6) 5:30 PM	6 MORNING EXERCISE (ALL UNIT) 10:15 AM LUAU PARTY 2PM (OUTSIDE) BINGO (U4, U5, U6) 5:30 PM	7 CHURCH OF GOD (RR) 10:30AM BOWLING TOURNAMENT (RR) 2:15 PM	8 MUSIC APPRECIATION (ALL UNIT) 10AM BINGO (U4, U5, U6) 2PM
9 TABLETOP GAMES 10AM ST. RAYMOND'S CHURCH COMMUNION (ALL UNIT) 2PM	10 MORNING EXERCISE (ALL UNIT) 10:15AM COFFEE SOCIAL 2 PM BINGO (U4, U5, U6) 5:30PM	11 BEAUTY HOUR (U5) 10:15 AM SIP & PAINT (RR) 2:15PM SOCIAL CLUB (RR) 5:30PM	12 MORNING EXERCISE (RR) 10:15 AM BEAUTY HOUR (U6) 10:15 AM KARAOKE BINGO(U4,U5, U6) 5:30 PM	13 (RR) 10:30 AM CATHOLIC MASS (RR) 2PM BINGO (U4, U5, U6) 5:30PM	14 MUSIC APPRECIATION (RR) 10:15AM MUJER PROCESADA DE GUSANO MARIPOSA (RR) 2 PM	15 BINGO (U4, U5, U6) 10AM 7TH DAY ADVENTIST 2 PM (RR)
16 TABLETOP GAMES 10AM ST. RAYMOND'S CHURCH COMMUNION (ALL UNIT) 2PM	17 MORNING EXERCISE (ALL UNIT) 10:15AM COFFEE SOCIAL 2 PM BINGO (U4, U5, U6) 5:30PM	18 BEAUTY HOUR (U5) 10:15 AM CATHOLIC CHURCH (RR) 2:15PM SOCIAL CLUB (RR) 5:30PM	19 MORNING EXERCISE (RR) 10:15 AM BEAUTY HOUR (U6) 10:15 AM FAMILY FEUD BINGO (U4, U5, U6) 5:30 PM	20 TRIVIA (ALL UNIT) 10:15 AM HORSERACING (RR) 2:15 PM BINGO (U4,U5,U6) 5:30 PM	21 BEAUTY HOUR (U4) 10:15 AM SENIOR CITIZENS DAY (2PM)	22 MUSIC APPRECIATION (ALL UNIT) 10AM BINGO (U4, U5, U6) 2PM
23 TABLETOP GAMES 10AM ST. RAYMOND'S CHURCH COMMUNION (ALL UNIT) 2PM	24 MORNING EXERCISE (ALL UNIT) 10:15AM COFFEE SOCIAL 2 PM BINGO (U4, U5, U6) 5:30PM	25 BEAUTY HOUR (U5) 10:15 AM ARTS & CRAFTS (RR) 2:15PM SOCIAL CLUB (RR) 5:30PM	26 MORNING EXERCISE (RR) 10:15 AM BEAUTY HOUR (U6) 10:15 AM GAME DAY BINGO (U4, U5, U6) 5:30 PM	27 RELIGIOUS SERVICE W/ PASTOR OSVALDO (RR) 10:15AM MONTHLY BIRTHDAY CELEBRATION (RR) 2PM BINGO (U4, U5, U6) 5:30 PM	28 TAI CHI (RR) 10:15AM POKENO (RR) 2:15 PM	29 MUSIC APPRECIATION (ALL UNIT) 10AM BINGO (U4, U5, U6) 2PM
30 TABLETOP GAMES 10AM ST. RAYMOND'S CHURCH COMMUNION (ALL UNIT) 2PM	31 MORNING EXERCISE (ALL UNIT) 10:15AM COFFEE SOCIAL 2 PM BINGO (U4, U5, U6) 5:30PM					

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PROGRAMS ARE SUBJECT TO CHANGE
LOS PROGRAMAS ESTAN SUJETOS A